

THE JORDAN HARBINGER SHOW

Worksheet for Kai-Fu Lee | What Every Human Being Should Know about AI Superpowers (Episode 139)

There's a lot of discussion about artificial intelligence (AI) these days -- speculation over whether it'll take our jobs and leave us all unemployed or murder all humans in some particularly brutal fashion when it gains self-awareness, Skynet-style, as witnessed in the *Terminator* films. Neither seems like an ideal outcome, so why are we pursuing this technology? How do we tell the difference between what's feasible and what's fiction?

In [this episode](#), we'll talk to AI expert and former Google China president Kai-Fu Lee, author of [*AI Superpowers: China, Silicon Valley, and the New World Order*](#) about the current state of AI in China and what this means for the future of humanity. Should we be prepared to resist this future, or should we be rolling out the red carpet for our new robot overlords? Listen, learn, and enjoy!

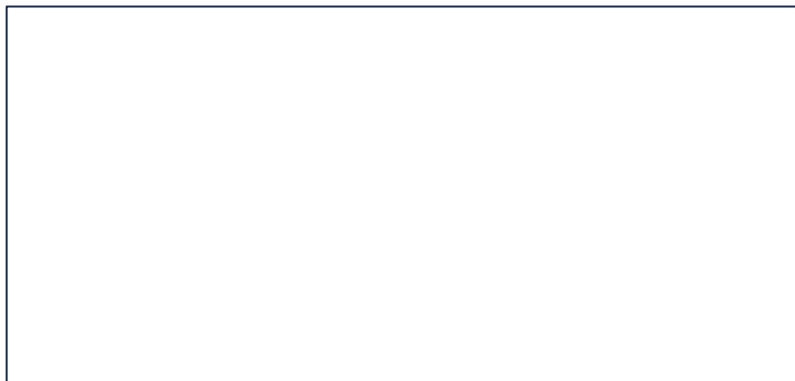
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Is the Future Scary?

Dr. Lee told me that artificial intelligence (AI) has been making big progress in both China and the United States. But is it to be feared? According to Dr. Lee, many more leaps in the technology need to be discovered before AI can make big progress -- you know, the kind of progress that evokes thoughts of the *Terminator* films.

So...should we fear AI? Are the machines about to take over? Is humanity cooked? The zen answer is: it doesn't matter. The only thing that exists is the present moment (though you still should plan on picking up your kids at the regularly scheduled time).

The machines taking over is a fear. It may happen or it may not happen, but like any fear of the future it's not something that should block you from focusing on your personal growth and reaching your goals. Next time you find yourself future tripping -- on anything -- remind yourself of what's important today, as well as this week, and this month.

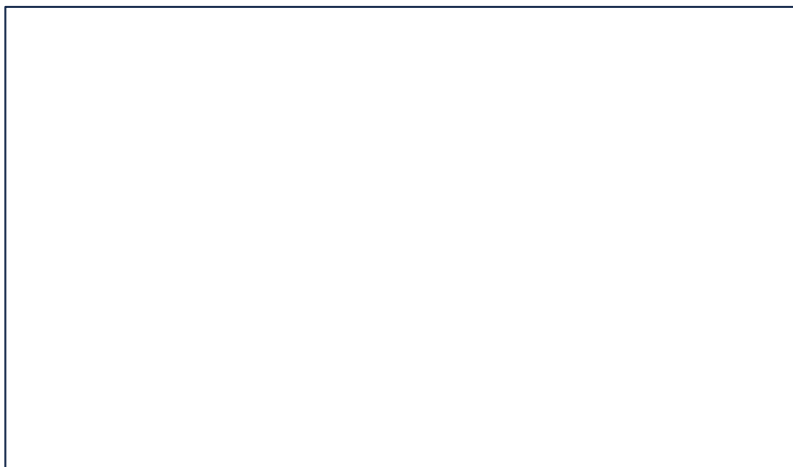


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Oh, the Humanity!

Imagine a world where many of the mundane tasks we dread have been removed. That's one version of our future with AI. While some routine jobs might be removed, Dr. Lee says there will still be a need for creativity, passion, and compassion -- there will be no substitute for human relationships that have depth and weight.

Even if the robots come for our jobs, we might thank them. But in the meantime, we don't need to wait for that to dig into creativity, passion, and relationships. Try the Two Thought Rule: when someone's name or face pops into your head more than once, you should reach out to them and connect.



Full show notes and resources for this episode [can be found here.](#)

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About



Join Jordan Harbinger (critically acclaimed host, formerly of The Art of Charm) as we get deep into the untapped wisdom of the world's top performers -- from legendary musicians to intelligence operatives, iconoclastic writers to visionary change-makers.

We deconstruct the playbooks of the most successful people on earth -- and learn new strategies, perspectives, and insights you can't find anywhere else. Then, take these insights into your own life and live what you listen.

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