

# LIFEMORTS

## UNDERSTANDING THE NINE TRIGGERS OF RAGE



**LIFE-OR-LIMB** Almost anyone will defend themselves in what is perceived as a life-or-death attack.



**INSULT** Insults will easily provoke rage.



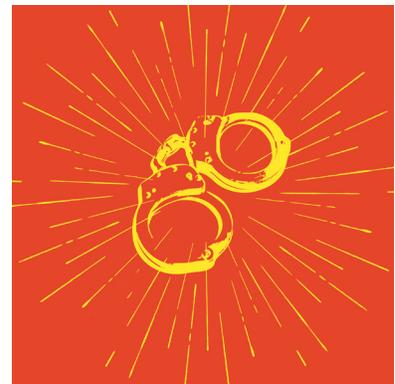
**FAMILY** Protecting family members against attack or threat.



**ENVIRONMENT** Protecting your own territory or home, which are basic necessities for survival.



**MATE** Violence is used to obtain and protect mates.



**ORDER IN SOCIETY** Rage frequently breaks out in response to a perceived social injustice.



**RESOURCES** Violence will be used to obtain resources (money, valuable property) and to retain it against theft.



**TRIBE** Throughout history humans have been divided by tribe, country, or religion, attacking and defending against one another.



**STOPPED** Being restrained, imprisoned, cornered or impeded pursuing one's desires. The accompanying emotion is frustration.